

## Sound of the week – Hh for Happy Hands

### Happy Hands – Lets make some together!!

#### What you need

Pencil/pen, paper or card, scissors

Hands!!

Sticky tape or blue tack

#### What to do

Firstly, draw around your hands, make lots ..... remember to try and re-position the pencil hold (tripod grip). Try and encourage your child to cut the hands out by following the lines ..... you can help cut some too. ***Talk about the different sizes of your hands, bigger, smaller, whose hand belongs to which handprint!***

Ask the children if they would like to colour each of the hands in first.

Think about where you may want to position these happy hands (in which rooms) and talk about what can be written on these happy hands. Examples could be .....

- **'wash your hands regularly'** – this could be placed in the kitchen, toilet, back door ..... to act as a visual aide to remind children that this makes us all happy and safe if we wash our hands regularly.
- Remember **to turn your listening ears on** ..... listening to mummy and daddy makes us happy, and to others during play.
- On the bedroom door you may have a happy hand that says **'try getting dressed yourself'**. This could help with their independence and self care.
- **Sneeze into a tissue** and throw it in the bin. This makes us happy and it keeps germs away.

Write these on each of the hands, add as many things as you want to, always talking through with your child the reason why this makes us happy and why it is on the happy hands.

If your child can hold a pencil correctly and forms recognizable letters, maybe they could be encouraged to write a word for themselves when you sound each letter out to them.

Lastly, stick the blue tack to the back of each hand and let your child stick it in the correct area of the house.

**Extension:** Cut out visuals to stick on as well as the words so they are easily recognizable.

ie. Ears, soap and water, clothes, tissue

Have fun with it.