

S is for **S**inging

S is for **S**inging and **S**igning

S is for Mr **S**un

Did you know that singing has many physical benefits?

- **Singing** strengthens the immune system. ...
- **Singing** is a workout. ...*(Not sure about this one, unless you rock like Freddie Mercury!)*
- **Singing** improves your posture. ..
- **Singing** helps with sleep. ... zzzz
- **Singing** is a natural anti-depressant. ...
- **Singing** lowers stress levels. ...
- **Singing** improves mental alertness. ...
- **Singing** can widen your circle of friends *(that surely sing haha)*



depends on how well you

One of our favourite songs at Preschool is 'Mr Sun' and below are the song lyrics. The full version of the song can be found on YouTube, please sing along and try the sign language for 'sun', as displayed below also; <https://www.youtube.com/watch?v=hlzvrEfyL2Y&vI=en>

Oh Mister Sun, Sun,
Mister Golden Sun,
Please shine down
on me!

Oh Mister Sun, Sun,
Mister Golden Sun,
Hiding behind a tree...

These little children
Are asking you
To please come out
So we can play with you

Oh Mister Sun, Sun,
Mister Golden Sun,
Please shine down
on me!

sun

First, draw an imaginary sun in the sky. Then open your fingers to show the sun's warm rays.

sun

Baby Signing Time
www.babysigningtime.com

British Sign Language for 'Sun'

If your child struggles to pronounce the S sound correctly, the best way to practise is:

- Do the biggest toothiest smile ever!
- Hide your tongue behind your teeth
- Make a sound like a snake



Doing this with your child in front of a mirror allows them to see their mouth and yours at the same time. Mirror imaging is a great way to practise many sounds that need facial expressions. For example - OO, AR, EE, SS, TH

Happy Singing love Karen x